



Vineyard Church Nacogdoches

love God ~ love people ~ period



Three is Enough Group format.....

"Three Is Enough" (3IE) groups are a simple and practical way to practice following God, living out Jesus in our lives. ⁽¹⁾

"3IE" groups have a double meaning: (1) three friends or colleagues (2) doing three simple and humble activities. Functioning in places of daily life—the workplace, school, retirement home or local coffee shop etc. 3IE groups go on the inward journey of transformation and the outward journey of serving others. 3IE groups meet once a week or as often as they can.

Activities as a Group:

1. Pray,
 - a) For alertness to the Holy Spirit's leadership and guidance in our lives.
 - b) That we might pay attention to the people and events of our lives.
 - c) That the Holy Spirit will enable us to be ambassadors of the kingdom of God as we go about our daily lives.
 - d) For the opportunities to help others.
 - e) For each other in the group.
2. Grow,
 - a) This would be reading and studying material that helps with the inward and outward journey, whether books, scriptures, sermon lessons.
 - b) By meditating on the things the Holy Spirit highlights in your reading.
 - c) By asking each other questions and discussing what you've read when you meet.
3. Serve,
 - a) Others by being alert, by noticing others.
 - b) Others through creative, resourceful and inventive helps.
 - c) Others by being humble, gentle, generous and genuinely unselfish—we do not draw attention to ourselves or our 3IE group.
 - d) As God desires that we become his cooperative friends, serving others—the least, the last, the broken and the oppressed—in the everyday affairs and rhythms of our life. If following Jesus means anything, it means serving others.

"Whoever wants to be great must become a servant. Whoever wants to be first among you must be your slave. That is what the Son of Man has done: He came to serve, not to be served—and then to give away his life in exchange for many who are held hostage." (Mark 10:41-45 MSG)

(1) Taken from Todd Hunter and his book 'Christianity Beyond Belief'

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